

CREATING A SCENTED GARDEN

When planting a magical garden, our first thought is often to plant herbs that we can use in our lotions, potions, and spellwork. Of course, these plants have amazing magical and medicinal values, and they are also valued for their scent.

But, we shouldn't limit our magical garden plants to just herbs. Scented plants in general are super important, especially when it comes to creating a certain headspace in which to work.

Have you ever noticed how certain fragrances can conjure up memories? For me the scent of Buddlejia, or Roses, always reminds me of being a child making 'perfumes'!

Scent can change your state of mind, our bodies cannot help but respond to them. Using certain fragrances when studying, working or meditating can literally train our bodies to enter into (for example) relaxation or focus mode.



SCENTED PLANT ATTRACTION

We all know that scented plants are great for making beauty products, natural cleaners, smudge sticks and incense. But did you also know that growing plants with sweetly scented flowers or aromatic foliage can really increase the productivity of, and your enjoyment of, your garden?

Scented plants attract beneficial insects that will pollinate our fruit, vegetables and herbs. It also enhances the chances of a beautiful butterfly appearing during your ritual, bringing in the element of air and the power of transformation, and sitting by your side watching you as you work!



HERE ARE SOME IDEAS FOR SCENTED
PLANTS THAT YOU CAN GROW IN YOUR
MAGICAL GARDEN

HERBS:

- Mint
- Sage
- Basil
- Rosemary
- Oregano

TREES:

- Magnolia
- Mimosa
- Hawthorn
- Orange
- Lilac

FLOWERS:

- Lily of the Valley
- Roses
- Carnations
- Peonies
- Lilies

VINES:

- Honeysuckle
- Jasmine
- Wisteria
- Roses
- Clematis



FRAGRANT EVENING PLANTS

If you like to spend time in the garden at night there are certain plants that are at their most fragrant during the evenings. As dusk starts to settle, these plants begin to really release their scent! Their goal being to attract moths and other pollinating insects that fly at night.

As a general rule of thumb, scented plants with white flowers are usually most potent in the evenings. This is particularly good to note for those of you who would like to plant a moon garden. Moon garden plants are usually white and therefore often night scented. I think this is one of the reasons why moon gardens feel so magical, they smell so lovely!



THE FOLLOWING FLOWERS ARE
PARTICULARLY SUITED TO NIGHT GARDENS:

- Brugmansia
- Evening Primrose
- Moonflower (strangely enough it's also known as Morning Glory)
- Sweet Rocket
- Nicotiana
- Phlox

In addition, Honeysuckle, Jasmine, Wisteria, and Lily are also at their most fragrant in the evening.



SCENTED IMAGERY

Just for a moment, close your eyes, and picture yourself walking into your magical garden. It's a peaceful evening, the moon is just rising, the bats are swooping overhead and the garden is bursting with fragrance. The scent of Honeysuckle wafts towards you as you close the gate behind you, sealing yourself inside your magical moon garden, ready to start work...

How wonderful is that image?!

